



## Beef Liver 27/6 oz Slices

**Product Description** - The Superfood Powerhouse. Beef liver is one of the most nutrient-dense foods available - it's low in calories, rich in high-quality protein and contains an incredible amount of essential vitamins and minerals. The health benefits of such a high-protein intake speak for themselves, having been shown to increase metabolic rate, reduce appetite and help build and preserve muscle during weight loss. Liver also supports healthy brain function, and helps your body product natural energy through healthy cell function. Don't underestimate the super power of beef liver.

### Features & Benefits

- Sliced
- Skinned
- Deveined
- Excellent Source of Protein, Vitamin A, and Iron

Product Code - 1022560

GTIN - 10079041225601

### Master Case

Piece Count	Net Weight	Gross Weight
27	10	11.04

Width	Length	Height
8.75	18.125	3.125

TI	HI	Cube
10	15	0.29 cubic ft

### Storage

Shelf Life	Storage Temp	Storage Method
365 days from production	Storage Handling: -10°F - 0°F	Keep Frozen

### Ingredients

Beef Liver

## Nutrition Facts

Serving Size – 3.5 oz

Calories 140

Total Fat 3.5g 4%

Saturated Fat 1.23g 6%

Trans Fat 0.17g

Cholesterol 275mg 92%

Sodium 70mg 3%

Total Carbs 4g 1%

Dietary Fiber 0g

Sugars 0g

Protein 20g

Iron 25%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.