











Nutrition Facts

Serving Size - 3.5 oz

Calories 110
Calories from Fat 35
Total Fat 4g

Garorres 110	
Calories from Fat 35	
Total Fat 4g	5%
Saturated Fat 2g	8%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 85mg	4%
Total Carbs 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	
Vitamin A 0%	Calcium 0%
Vitamin C 0%	Iron 18%





Select Fresh Boneless Beef Flapmeat

Product Description - America's Heartland Fresh Boneless Beef Flapmeat, Select Grade, 5 Bags Per 58 Pound Average Weight Master Case, 4 Flapmeat Pieces Per Bag \cdot Each Master Case Has An Approximate Weight Of 58-pounds And Contains 5 Vacuum-sealed Bags With 4 Flapmeat Pieces Per Bag. • Each Beef Sirloin Flapmeat Weighs Approximately 1.5-5 Pounds Each. • Yield Varies. • Made From 100% Fresh Beef With No Additives • Cook Thoroughly To 160°f • Keep Refrigerated • Best If Used Within 35 Days From The Date Of Production • Dimensions: 23.38l X 15.63w X 9.75h Inches

Product Code - 38931 GTIN - 90096423389313

Master Case

Piece Count	Net Weight	Gross Weight
5	58	60.29
Width	Length	Height
15.63"	23.38"	9.75"
TI	н	Cube
5	6	2.06 cubic ft

Storage

Shelf Life	Storage Temp	Storage Method
35 days from production	Storage Handling: 28°F-34°F	Keep Refrigerated

Preparation

Cook Thoroughly To 160'F

Ingredients

Beef

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.