





# **Nutrition Facts**

| Serving Size – 3.5 oz                           |                        |  |
|---|------------------------|--|
| Calories 228<br>Calories from Fat 81            |                        |  |
| Total Fat 9g<br>Saturated Fat 3g                | 14%<br>15%             |  |
| Trans Fat 0g<br>Cholesterol 97mg<br>Sodium 45mg | 32%<br>2%              |  |
| Total Carbs 0g<br>Dietary Fiber 0g              | 0%<br>0%               |  |
| Sugars 0g<br>Protein 34g                        |                        |  |
| Vitamin A 0%<br>Vitamin C 0%                    | Calcium 1%<br>Iron 17% |  |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





## LONG PRAIRIE PACKING CO. Utility Fresh Boneless Beef Eye Round 1/8"

Product Description - 100% Fresh Beef, No Additives

Product Code - 02630

GTIN - 90096423026300

#### Master Case

| Piece Count | Net Weight | Gross Weight  |
|-------------|------------|---------------|
| 5           | 55         | 57.11         |
| Width       | Length     | Height        |
| 15.5"       | 23.38"     | 7"            |
| TI          | HI         | Cube          |
| 58          | 6          | 1.47 cubic ft |

#### Storage

| Shelf Life                 | Storage Temp                   | Storage Method    |
|----------------------------|--------------------------------|-------------------|
| 35 days from<br>production | Storage Handling:<br>28°F-34°F | Keep Refrigerated |

### Preparation

Cook Thoroughly To 160'F

#### Ingredients

Beef