



LONG PRAIRIE PACKING CO.

# Utility Fresh Boneless Beef Inside Round Cap-off Xt 12/14

Product Description - 100% Fresh Beef, No Additives

Product Code - 02187

GTIN - 90096423021879

## Master Case

Piece Count	Net Weight	Gross Weight
4	52	54.14
Width	Length	Height
15.5"	23.38"	7"
TI	HI	Cube
8	6	1.47 cubic ft

## Storage

Shelf Life	Storage Temp	Storage Method
35 days from production	Storage Handling: 28°F-34°F	Keep Refrigerated

## Preparation

Cook Thoroughly To 160°F

## Ingredients

Beef



## Nutrition Facts

Serving Size – 3.5 oz

Calories 119

Calories from Fat 22

Total Fat 2g	3%
Saturated Fat 1g	10%
Trans Fat 1g	
Cholesterol 51mg	17%
Sodium 61mg	3%
Total Carbs 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 23g	

Vitamin A 0%	Calcium 1%
Vitamin C 0%	Iron 11%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.