

Top Round Steak slices take a quick dip in a marinade made with Asian vinaigrette and hoisin sauce before joining whole wheat noodles, snap peas and carrots.

[illegible]

35 Min



4

Servings



42 Cal



37g

Protein

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

8 ounces sugar snap peas

[illegible]

[illegible]

2 cups shredded carrots

2 cups shredded carrots

[illegible]

[illegible]

2 cups shredded carrots

Salt and pepper

Salt and pepper

Salt and pepper

Salt and pepper

2 tablespoons toasted sesame seeds (optional)

[illegible]

[illegible]

[illegible]

2 tablespoons toasted sesame seeds (optional)

1/2 cup prepared light Asian vinaigrette

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

1/3 cup hoisin sauce
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COOKING

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NUTRITION

Serv Size	Calories	Total Fat	Cholest	Sodium	Total Carb	Protein		
4		12g	50mg		68g	37g	1	0

*The % Daily Value tells you how much of a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Courtesy of BeefItsWhatsForDinner.com