

Asian Steak & Amp; Avocado Appetizer

There are lots of reasons to love this Asian-inspired dish. Tender and juicy Strip Filets, fresh cilantro and creamy avocado are just a few.

INGREDIENTS

4 beef Strip Filets, cut 3/4 inch thick (about 1 pound) 4 beef Strip Filets, cut 3/4 inch thick (about 1 pound)



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- $1\,table spoon\ reduced-so dium\ soy\ sauce$
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- 1/2 teaspoon sesame oil

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Baked wonton wrappers or tortilla chips

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COOKING

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- 123. Cut steaks lengthwise in half, then crosswise into thin slices.
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NUTRITION

			t Cholest Sodium Total Carb Protein Guten National									
Serv Size	Calories	Total Fat	Cholest	Sodium	Total Carb	Protein	GLUTEN FREE	ALL NATURAL				
8		13g	37mg		6g	13g	1	0				

^{*}The % Daily Value tells you how much of a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Courtesy of BeefItsWhatsForDinner.com